



**I'M
JUST
ONE
MAN**

Lucas Haneman

Lucas Haneman's latest release, I'm Just One Man, takes the concept of a "solo album" to an entirely new level. Having played bass and drums since the age of 13, Haneman didn't need to hire a rhythm section for this project. Instead, he performed every instrument himself—electric and acoustic guitars, bass, drums, percussion, and even some keyboard for added flavour.

I'm Just One Man draws inspiration from Haneman's favourite things in life: southern cuisine, New Orleans funk, swampy blues, and all things spicy. This instrumental album is a captivating collection of toe-tapping, ear-catching tunes, guaranteed to resonate with musicians and casual listeners alike.

The seven tracks on I'm Just One Man were written over the past couple of years, with many originating as part of Haneman's Shut Up & Pluck It series on YouTube. A longtime fan of studio work, Haneman not only tracked and engineered the album himself but also used this project as an opportunity to teach himself mixing. The album was mastered by Marco Vezina in Montreal.

A note from Lucas:

A massive thank you to everyone who made this album possible! Thank you to Megan and Kensley for constantly encouraging me and reminding me every day that anything is possible. A special thank you to Marco Vezina for your mixing advice and mastering expertise—you made this collection of songs shine in a way I never imagined!

A special note of gratitude to Barry Grace, for loaning out your early 50s Gibson ES 125 (a sonic pillar of this album).

To anyone who purchases I'm Just One Man, thank you from the bottom of my heart and soul. I had so much fun making this album, and I hope you enjoy it for years to come!